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## THE (NOT SO) ODD COUPLE

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## THINGS YOU NEED TO KNOW

### SUICIDE BOMBER KILLS AT LEAST 70 AT PAKISTAN HOSPITAL

**I**A suicide bomber in Pakistan killed at least 70 people and wounded more than a hundred on Monday in an attack on mourners gathered at a hospital in Quetta, according to officials in the southwestern province of Baluchistan. The bomber struck as a crowd of mostly lawyers and journalists crammed into the emergency department to accompany the body of a prominent lawyer who had been shot and killed in the city earlier in the day, Faridullah, a reporter who was among the wounded, told Reuters. Abdul Rehman Miankhel, a senior official at the government-run Civil Hospital, where the explosion occurred, told reporters that at least 70 people had been killed, with more than 112 wounded, as the casualty toll spiked from initial estimates. **REUTERS**



### LAWMAKER'S YOUNG SON DIES IN ACCIDENT AT KANSAS WATER PARK

**2**The young son of a Kansas lawmaker died at a popular water park in Kansas City on Sunday in an apparent accident on what has been dubbed the world's tallest water slide, officials and media said. Rep. Scott Schwab confirmed in a statement to media that his son, Caleb Thomas Schwab, had died in the accident at Schlitterbahn water park in Kansas on Sunday afternoon. "As we try and mend our home with him no longer with us, we are comforted knowing he believed in his savior, Jesus, and they are forever together now. We will see him another day," Schwab said in a statement. Schlitterbahn spokeswoman Winter Prosapio said the child died while riding the Verruckt water slide, which is the world's tallest water slide, according to Guinness World Records, at more than 168 feet tall. **REUTERS**

### MUDSLIDES TRIGGERED BY STORM CLAIM 40 LIVES IN EASTERN MEXICO

**3**Mudslides triggered by intense rainfall in eastern Mexico killed 40 people as saturated hillsides collapsed onto modest homes in the wake of now-dissipated Tropical Storm Earl. The death toll rose after state governors in the two most affected states confirmed two more deaths from a series of mudslides that struck hillside communities. The head of national emergency services previously put the death toll at 38, the vast majority of whom were found in Puebla state, while the remainder died in neighboring Veracruz. Rafael Moreno Valle, governor of Puebla state, said canine units were searching for the missing, but the number of unaccounted for residents was unclear. **REUTERS**



# If you have to ask, you can't afford it

A report suggests most NYC residents cannot afford homeownership as prices have gone up nearly 200 percent since 1990 while wages have stagnated.



# 33%

OF NYC HOUSEHOLDS OWN THEIR HOME,  
HALF OF THE NATIONAL AVERAGE

If you're like most New Yorkers with homeownership in mind, this will never be the view from your kitchen window. **GETTY IMAGES**



JASON NUCKOLLS  
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Even a six-figure income isn't enough to afford the majority of homes in New York City, leaving ownership out of reach of a higher proportion of the city's residents than the rate nationally, new research has found.

According to the newly released NYU Furman Center/Citi Report on Homeownership and Opportunity in New York City, 51 percent of city-wide households earned \$55,000 or less annually, yet they could afford only 9 percent of home sales in 2014. Even the 78 percent of households earning up

to \$114,000 per year could only afford 42 percent of home sales in the city.

"For low-income and moderate-income New York City households, we find that the homeownership rate was not only lower than the national rate but disproportionately lower," the report's authors stated. "If housing prices continue to rise at a pace faster than incomes, the availability of housing stock affordable to these income groups will continue to shrink."

While the U.S. homeownership rate was roughly 66 percent, the New York area presented the opposite: Only one-third of households owned their home, according to the report. That figure was even lower for households pulling in less than \$55,000 per year.

"Since 1990, incomes have stagnated while the costs of housing — both rental housing and home sales prices — have skyrocketed," said Mark Willis, senior policy fellow at the NYU Furman Center, and co-author of the study. "As a result, there are not enough homes available for purchase at prices affordable to the vast major-

ity of New Yorkers."

Within the city, the five boroughs themselves had unique qualities when it came to homeownership, the report added. Staten Island enjoyed a homeownership rate more than double the New York City average and higher than the U.S. average. Conversely, the Bronx had the second-lowest homeownership rate of all U.S. counties, with Manhattan and Brooklyn ranking as the third- and fourth-lowest.

Residents moving outside the city may find more affordable options, but a longer, more expensive commute would have to be considered along with improved availability of affordable homes. "Options for [low-, middle- and moderate-income] households are somewhat better in Nassau County, with Suffolk County offering a much more affordable mix of housing options," the report stated, adding that housing options were most limited in Westchester County.

Between 1990 and 2015, according to the report, New York City housing prices rose nearly 200 percent across all prop-

# 78%

PERCENT OF NYC  
HOUSEHOLDS CAN  
ONLY AFFORD

# 42%

OF NYC HOMES

erty types, while incomes did not maintain that increased pace during the same time frame.

"In order to respond effectively to the uniquely complex and competitive housing market of the greater New York City area, this new research suggests that we must continue to work across sectors on bold new solutions that ensure all New Yorkers have access to housing that is both safe and affordable — as well as the opportunities to build wealth and assets over the long term," Bob Annibale, global director of Citi Community Development and Inclusive Finance, stated about the report.





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# NYC developers seek to justify high prices with new amenities

Developers attract NYC tenants with art studios, private parks and more unique amenities.



CRISTABELLE TUMOLA  
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A few decades ago, doormen were a standard luxury building amenity, not gyms.

Today, gyms are a must-have for upscale tenants, but as New York City apartment prices continue to climb, they're demanding more extras.

As developers try to push the envelope and attract luxury residents, more buildings are putting in unique amenities — from art spaces to private parks — providing not just a home, but a lifestyle.

"People appreciate amenities that are relevant," said Dave Maundrell, executive vice president of new development division for Brooklyn and Queens for Citi Habitats. The sales and rentals company began leasing 180 Franklin in Clinton Hill at the end of May.

The 118-unit rental building is "half art gallery, half boutique hotel," according to Maundrell, featuring a work-from-home space, soundproof music rehearsal space, art studio and gallery.

With the proximity to Pratt School of Art and the neighborhood setting, those amenities seem "like a natural fit," said Jason Muss, principal of Muss Development, which owns the building.

Muss sees these unique bells and whistles as part of the continuing "amenities race" in New York City — they're just adapting them to a certain group of people who are looking for a separate space for their creative endeavors and to be around those with similar interests.

"You might find someone else painting next to you and exchange ideas," Muss said.

"Rain or shine, it allows them to walk down-



180 Franklin work-from-home space CITI HABITATS



180 Franklin's artist workshop

***"People appreciate amenities that are relevant."***

Maundrell

stairs and take out their canvas and work," he added.

The "amenities race" goes beyond artists in Brooklyn, according to Maundrell. In Prospect Heights, new rental building 670 Pacific boasts a roof deck with a running track, barbecue pits, a bocce ball court and an

outdoor movie screening area — created for the "dramatic" backdrop.

Space also helped define the amenities at One Sixty Madison, a luxury residential building located in Midtown south. One Sixty Madison is following a recent trend that the New York Times called "Gramercy Park for the high-rise set."

"Our style is to create amenities that people will actually use, rather than amenities that are just on the brochure," said Evan Stein, president of J.D. Carlisle Development Corporation, One Sixty Madison's developer.

The goal was to create

a "significant roof space," with a High Line feel, according to Stein. Everyone has a roof on their building, but they wanted One Sixty Madison to have a "true park" with benches, trees and leaves.

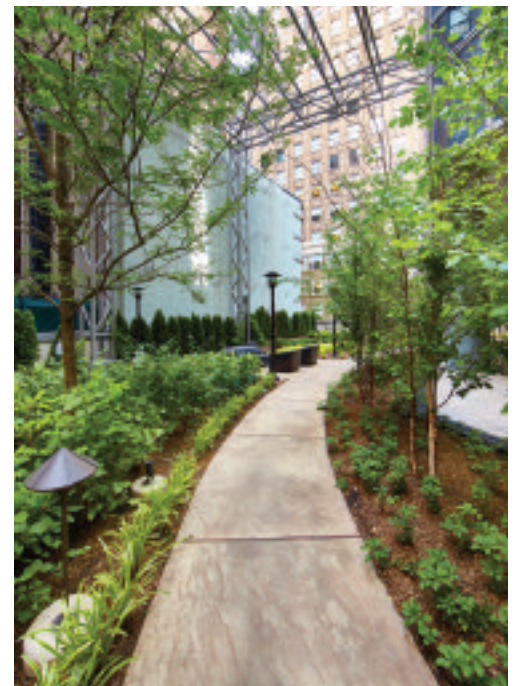
One Sixty Madison also has a "lifestyle coordinator," who is "intimately involved in the details in your life," and can arrange everything from a small dinner to private jet, according to Stein.

Like 180 Franklin, One Sixty Madison is trying to create a community with its lifestyle concierge through community classes and events for the residents to come together.

"Lifestyle is an unwritten amenity," Stein said.

More buildings are trying to create a lifestyle where residents can find everything they need at their home base — and don't need to escape the city to relax.

Tribeca's 111 Murray, currently under construction, will feature large amenity spaces with a 75-foot lap pool, children's splash pool, spa with private treatment rooms, saunas and a fitness center with a movement studio. There will also be a Drybar hair salon, teen ar-



160 Madison Ave. JACOB\_SNAVELY

cade, children's playground, media room and patisserie by Baked Tribeca offering residents complimentary breakfast.

"Twenty-five years ago, most buildings didn't have fitness centers, now it's a must," Stein said, adding that more ameni-

ties will continue to become musts in the future.

But residents will be demanding less of a resort experience and more of a George Jetson one.

"If technology keeps advancing I think buildings have to react to it," he said.



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# Cops: Google manager from NYC killed in Massachusetts woods

"Please use an abundance of caution. ... You can't be too careful."



JASON NUCKOLLS  
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A 27-year-old woman's body was found in a wooded area near Princeton, Massachusetts, after she was reported missing when she did not return from a jog.

On Sunday evening,



Vanessa Marcotte PROVIDED

police were searching for Vanessa Marcotte, who was visiting her mother in Princeton from her home in New York City, when authorities found her body in the woods about half a mile from her family's house, CBS Boston reported. An initial investigation indicated that Marcotte, who was last seen on Brooks Station Road, was killed between 1 p.m. and 4 p.m.

"A preliminary review of the body has led detectives to believe

this is a homicide investigation," Worcester District Attorney Joseph Early Jr. said to WCVB. "We do not know if this is a random act."

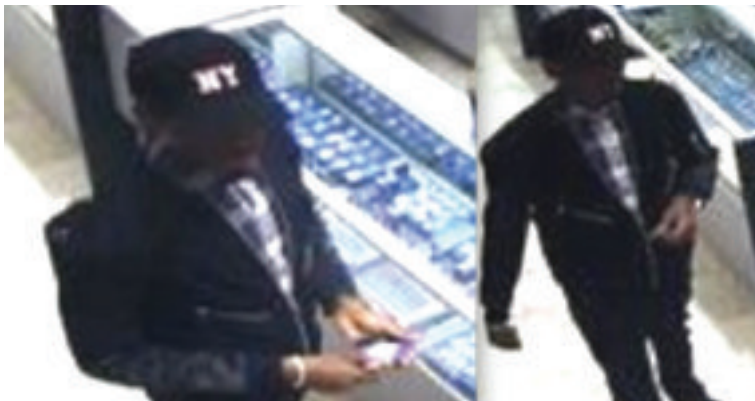
According to a source, investigators said Marcotte was sexually assaulted and set on fire, Fox 25 Boston reported.

Marcotte, an account manager at Google, grew up in nearby Leominster, according to WCVB. She had been reported missing for about seven hours by the time her body was

## Got info?

Anyone with information about this incident should contact the Massachusetts State Police at 508-453-7589.

discovered around 8 p.m. "Please use an abundance of caution," Early was quoted by CBS Boston. "Right now we have a very active investigation going on — you can't be too careful."



The suspect PROVIDED

## Suspect's faulty gun leads to botched Midtown robbery

An attempted robbery suspect had his planned heist go awry after the gun he was using fell apart in his hands as he tried to fire it.

Around 4 p.m. on Sunday, the suspect approached two employees, a man and a woman, at the Raffaello and Co. jewelry store at 22 W. 47th Street in Midtown, police reported. The suspect asked to see a chain inside a display case.

When the male employee went to retrieve a key for the display case from the

employee returned and fought the suspect for possession of the gun.

After the struggle, the suspect retained the handgun, according to police. As he stepped back to fire it, the gun fell apart, after which he fled the store empty-handed.

Police described the suspect as a black man between 20 and 25 years old who was approximately 6-foot-2 and 160 pounds. He was last seen wearing a black jacket, black pants, black shoes and a black baseball hat. JASON NUCKOLLS

## Got info?

Anyone with information should call the NYPD Crime Stoppers Hotline at 1-800-577-TIPS or, for Spanish, 1-888-57-PISTA. The public can also submit their tips by logging on to the Crime Stoppers website at NYPD-CrimeStoppers.com.

back of the store, the suspect pulled out a handgun and put it to the woman's head, police stated. After she screamed, the male

## Overtaken beer truck causes rush-hour delays in Brooklyn

A truck driver was seriously injured after an early morning crash overturned his truck, filled with Budweiser beer, onto a Brooklyn highway, causing delays for morning commuters.

Around 4 a.m. on Monday, a tractor-trailer hauling hundreds of Budweiser cans overturned on the Gowanus Expressway near the Brooklyn-Queens Expressway exit, fire officials said to the New York Daily News. The truck driver was taken to New York Methodist Hospital, where he was listed in stable condition.

Fuel spilled from the truck had complicat-



Bottles of Budweiser GETTY IMAGES

ing officials' cleanup effort, ABC7 reported. As part of the cleanup, the damaged trailer was suspended between two trucks and flipped upside down.

The inbound lanes of the Gowanus Expressway were suffering from extensive delays related to the crash,

and the northbound BQE had traffic all the way back toward the Verrazano Bridge, ABC7 added.

Beer cases were scattered across the road, and some fell onto the sidewalk of Hicks Street, below the expressway, the Daily News added. JASON NUCKOLLS

## ON THE DEFENSIVE

### 'Booby Trap Bras' rise in popularity following Queens jogger's murder

After a woman was brutally murdered and raped off a Queens jogging path, sales of a bra with a hidden pouch have jumped.

Booby Trap Bras calls itself a "just in case" sports bra and the first-ever knife bra. The athletic support has the option for a hidden knife, pepper spray or stun gun.

Jennifer Cutrona helped create the bras, according to ABC7, after she had a close

call when she was jumped on a jogging trail near her home outside of Austin.

"I walked around thinking life was all rainbows and butterflies until I was jumped out at on a local running trail. I was in active wear and had no form of protection on me. The little pocket knives I had collected over the years were all at home in the drawer with my pepper spray," Cutrona told the station.

Cutrona is also planning to launch a sports bra with a built-in button to call 911 by

December, according to the New York Post.

Sales of Booby Trap Bras have increased 80 percent after Karina Vetrano's murder in Howard Beach last week, and New Yorkers have purchased the bra more than customers from any other state, Cutrona told the New York Post.

"I keep getting orders from New Yorkers, ping my phone. At first I was thinking, 'What's going on?' Then I read the story about her. And I got sick to my stomach." CRISTABELLE TUMOLA



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## BRIEF

**California wildfire forces closure of scenic Highway 1**

An epic wildfire that has killed one person and blackened about 60,000 acres along the California coast, forced authorities on Monday to shut down a portion of scenic Highway 1 near Carmel-by-the-Sea.

The closure of the highway, which runs along much of the Pacific coastline and is famed for its dramatic ocean views, was prompted by an increase

in fire and wind activity in the Big Sur area, the California Department of Forestry and Fire Protection said.

The road was expected to be closed to traffic in both directions from 10 p.m. Pacific time on Monday until at least 6 p.m. on Tuesday, depending on conditions, the department said.

The so-called Soberanes Fire, which has destroyed 57 homes and 11 outbuildings,

has been burning since July 22. A bulldozer operator died on July 26 when his tractor rolled over as he helped property owners battle the blaze, becoming the sixth wildfire fatality in California this year.

Authorities have traced origins of the blaze to an illegal campfire left unattended in a state park about a mile from Highway 1. No arrests have so far been made.

As of Monday, the more than 5,000 firefighters battling the flames had cut containment lines around 45 percent of its perimeter.

Firefighters are making gradual but steady progress against the blaze as wildfire season in the western United States reaches its traditional peak, intensified by prolonged drought and extreme summer heat across the region.

REUTERS



Security stands in front of Fox News chairman Roger Ailes as he leaves the News Corp building, July 19, 2016, in New York City. GETTY IMAGES

## Harassment case against Ailes will remain in NJ court

Former Fox News Channel Chairman Roger Ailes on Monday dropped a bid to move a sexual harassment lawsuit by a former anchor from New Jersey to a federal court in New York.

In the lawsuit filed last month in federal court in New Jersey, Gretchen Carlson accused Ailes of repeatedly propositioning her for sex and said he terminated her contract in June after she refused his advances. Ailes, who resigned in the wake of the lawsuit, has denied the allegations.

On Monday, lawyers for Ailes and Carlson said in a court filing that Ailes would drop his petition to move the lawsuit to federal court in Manhattan.

A lawyer for Ailes, Barry Asen, said in an interview that he would now ask the judge overseeing the case to send it to arbitration in light of an agreement Carlson signed with Fox News.

"We're trying to avoid a lot of excess litigation" by keeping the case in New Jersey, Asen said.

Monday's agreement must be approved by U.S. District Judge Jose Linares in Newark.

Carlson's lawyer, Nancy Smith, could not

immediately be reached for comment.

Last month, Smith in an interview said Carlson filed the case in New Jersey because it was easier to travel there from her home in Greenwich, Connecticut.

Ailes owns a mansion in Cresskill, an affluent suburb in northern New Jersey.

After the lawsuit was filed, Fox News retained a prominent law firm to conduct an internal review into whether Ailes harassed other women at the top-rated cable news channel.

New York magazine and other news outlets have reported similar allegations by other women, many of which are decades old and stem from Ailes' time at other networks.

Rupert Murdoch, the 85-year-old executive chairman of Fox News parent Twenty-First Century Fox Inc (FOXA.O), will assume Ailes' role on an interim basis, the company said when Ailes resigned on July 22. Ailes reportedly will be kept on as an informal adviser and receive \$40 million in severance.

The case is Carlson v. Ailes, U.S. District Court for the District of New Jersey, No. 2:16-cv-04138. REUTERS

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# Muslim teen sues Texas school district after arrest over homemade clock

The suit claims the Irving Independent School District and the city, west of Dallas, discriminated against the teen because of his religion.

The family of a Muslim boy, who was arrested last year after taking a homemade digital clock to a Dallas-area high school, sued the Texas school district and the city where he once lived on Monday, saying they violated the teenager's civil rights.

The school district in a statement denied violating the student's rights and said it could provide no further comment because the matter was in litigation.

The family has previously demanded \$15

million from the city of Irving and the school district.

The 2015 arrest of Ahmed Mohamed, then a 14-year-old bespectacled ninth-grader who dabbled in robotics and attended high school in Irving, had ignited a social media firestorm.

Irving police accused him of making a hoax bomb.

"The only way to get justice is through money," Mohamed told a news conference in Texas on Monday.

After Mohamed was seen in a NASA T-shirt in handcuffs, the Twitter hashtag #IStandWithAhmed trended globally, and the teenager was praised by Facebook chief executive officer Mark Zuckerberg, who said: "Having the skill and ambition to build something cool should lead to ap-

plause, not arrest."

A few months after the incident, Ahmed and his family moved to Qatar after the teen has accepted an offer from the Qatar Foundation to study at its Young Innovators Program. The announcement of the move came a few hours after Ahmed visited the White House for an astronomy night hosted by President Barack Obama.

The teen, a U.S. citizen, returned to the United States a few weeks ago for summer vacation and plans to return soon to Qatar to attend a private school after receiving death threats in the United States.

"I lost my home, I lost my creativity. I used to love building things but now I can't," he said at the news conference. "I've lost my security."

REUTERS



A homemade clock made by Ahmed Mohamed is seen in an undated picture released by the Irving Texas Police Department. IRVING TEXAS POLICE DEPARTMENT HANDOUT

*"I lost my home, I lost my creativity. I used to love building things but now I can't ... I've lost my security."*

Ahmed Mohamed



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# Burger King launches Whopperrito in US

Burger King's popular Whopper is getting a Tex-Mex twist.

The company said on Monday it's rolling out Whopperrito, a mashup of a burrito and the Whopper.

"We're infusing classic American fare with Tex-Mex flare," Alex Macedo, president, North America, for Burger King brand, said in an emailed statement.

Whopperrito is Burger King's latest experiment with quirky offerings as it attempts to lure back diners who have cut back on eating out.

The company earlier this year launched Mac n' Cheetos, a fusion of crispy Cheetos and creamy mac n' cheese, and added hot dogs to its permanent menu.

The new offerings signaled the company's return to its fast-food roots after its salads



Burger King GETTY IMAGES

and healthier offerings struggled to tempt diners.

Chipotle Mexican Grill Inc., which dominates the U.S. Tex-Mex market, said in July it will open its first "Tasty Made" hamburger restaurant this fall in Lancaster, Ohio. The burrito chain, which has recently been plagued by several food-borne outbreaks, said its newest chain will serve only hamburgers, french fries and milkshakes.

Burger King, a unit of Restaurant Brands

International Inc., will roll out the Whopperrito at its U.S. outlets for a limited time for \$2.99.

"The Whopper-rito burger-burrito remix made with 100 percent beef was originally conceived by a franchisee," the company said.

Restaurant Brands, along with McDonald's Corp and Dunkin' Brands Group Inc, reported disappointing results for the latest quarter, citing a slowdown in customer traffic. REUTERS

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# Power outage at Delta causes flight cancellations, delays

Delta Air Lines Inc. canceled hundreds of flights and delayed many others on Monday after an outage hit its computer systems, grounding planes and stranding passengers of one of the world's largest carriers at airports around the globe.

Atlanta-based Delta, the second-largest U.S. airline by passenger traffic, said it had canceled 451 flights after a power outage that began around 2:30 a.m. Eastern Daylight Time in Atlanta. Flights gradually resumed about six hours later.

The disruption could deal a blow to the reputation of Delta, which for months canceled far fewer flights than rivals and boasted of its successes to corporate and leisure customers to win



Travelers wait in line at the Delta check-in counter at LaGuardia Airport in the Queens borough of New York City. GETTY IMAGES

their loyalty.

Delta said it was investigating the cause of the "systemwide outage." As of 1:30 p.m., it was operating about 1,679 of its nearly 6,000 scheduled flights.

The problems arose after a switchgear, which helps control and switch power flows like a circuit breaker in a home, malfunctioned for reasons

that were not immediately clear, said Georgia Power spokesman John Kraft.

The utility, which provides electricity to most counties in Georgia, earlier sent a team to investigate, Kraft said. The problem has not affected other Georgia Power customers, he said.

The carrier was probably running a routine test of its backup power supplies when the switchgear failed and locked Delta out of its reserve generators as well as from Georgia Power, industry analyst and former airline executive Robert Mann said. That would result in a shutdown of Delta's data center, which controls bookings, flight operations and other critical systems, he said. REUTERS

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# A disenchanted Republican, fearing Trump, launches third-party run

There is virtually no chance that the newly announced candidate, Evan McMullin, could win and only a slight chance he will even be able to get his name on the ballots of key states.



Donald Trump GETTY IMAGES



Evan McMullin FACEBOOK

A former CIA officer and congressional staffer on Monday launched a long-shot bid for president, a Republican billing himself as a conservative alternative to Donald Trump who disenchanted voters can rally around.

Evan McMullin has no name recognition across the country and was not even well known in the Capitol where until Monday he was the chief policy director for the organizational body of all Republicans in the House of Representatives.

But that will not stop some conservatives from pitching him as an option in the Nov. 8 election for those who never warmed to Trump and remain adamantly opposed to Democrat Hillary Clinton.

"Donald Trump appeals to the worst fears of Americans at a time

we need unity, not division," McMullin wrote in a letter announcing his candidacy. "With the stakes so high for our nation and at this late stage in the process, I can no longer stand on the sidelines."

McMullin's campaign was first reported by MSNBC and BuzzFeed. He could not be immediately reached for comment.

Trump was formally anointed his party's nominee last month after beating 16 rivals in the state-by-state primary contests. But many Republicans have been concerned about Trump's policies, such as his proposal to temporarily ban Muslims from entering the country and his free-wheeling, often insulting, rhetoric.

McMullin has never held public office. In addition to lacking a quick source of campaign cash,

he will face immediate hurdles to try to get his name on enough ballot papers to make himself a serious candidate.

Texas, for example, requires third-party candidates to get more than 79,000 signatures from residents who did not vote in either the Republican or Democratic primary. And the deadline for that was in early May.

Deadlines to get on the ballots have also lapsed for North Carolina, Illinois and Florida, all large states that also could be pivotal in the election.

The best McMullin could likely hope for would be to simply play spoiler to Trump in a handful of states, eating away at the New York real estate developer's ability to win states that are generally reliably Republican. REUTERS

## BRIEF

### Trump seeks a campaign reset with economic speech in Detroit

Republican Donald Trump sought to regain momentum for his White House campaign on Monday by proposing sweeping tax breaks, cuts to federal regulations and a revival of the stalled Keystone XL oil pipeline project.

The New York businessman used an address on the economy to try to turn the page after a week of missteps in which he came under heavy criticism, including from some in his own

party, and rival Democrat Hillary Clinton surged ahead in opinion polls with three months to go until the Nov. 8 election.

Trump followed prepared remarks rather than using the free-wheeling style at rallies that has often produced controversial comments. He also kept his cool as some 14 protesters jumped to their feet and shouted at him at intervals as he spoke at the Detroit Economic Club.

Most of the interruptions were at one- or two-minute intervals, giving the appearance of a coordinated effort to rattle

him. He was also cheered repeatedly by the crowd.

Trump's remarks appeared targeted at both an affluent business community and working people, in particular those who have suffered from a decline in U.S. manufacturing in cities such as Detroit.

He said his plan would include imposing a temporary moratorium on new federal regulations, reducing rates for income and corporate taxes, and establishing new provisions for working parents dealing with child-care costs. REUTERS



# Painful Varicose Veins & Swollen Legs?



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# Study: Social costs of Flint, Michigan, water crisis total \$395 million

The study calculated the lifetime economic losses expected to be suffered for every exposed child. The U.S. lead health standard has been lowered repeatedly since the 1960s, but according to the U.S. Centers for Disease Control and Prevention, no safe level has been identified.

The social costs stemming from dangerous levels of lead in the drinking water of Flint, Michigan, such as the effect on children's health, amount to \$395 million, according to an analysis by a professor at the Columbia University Mailman School of Public Health.



Pallets of bottled water are seen ready for distribution in a warehouse January 21, 2016, in Flint, Michigan. GETTY IMAGES

The total takes into account some 8,000 children believed exposed to lead poisoning in Flint since April 2014, when the financially struggling city, under the control of a state-appointed emergency manager, switched its water source from Detroit's municipal system to the Flint River to

save money.

The river water was more corrosive than the Detroit system's and caused more lead to leach from Flint's aging pipes. Lead can be toxic and children are especially vulnerable. The city switched back last October.

The crisis has prompted lawsuits by parents in

Flint, which has a population of about 100,000, who say their children have shown dangerously high levels of lead in their blood.

"We should never ignore the human costs of lead poisoning," study author Peter Muennig, an associate professor at the university, said in a

statement released with his analysis, published in a letter to the journal Health Affairs.

"Even relatively low levels of exposure may rob children of IQ points and predispose them to violent behavior later in life," Muennig said.

Overall societal costs of all low-level lead exposures in the United States — measured as lost economic productivity, welfare use and criminal justice system costs — was over \$4.5 billion last year, according to the study.

In July, six state employees in Michigan were criminally charged in connection with the case. Some critics have called for high-ranking state officials, including Gov. Rick Snyder, to be charged. Snyder said in April he believed he had not done anything criminally wrong. REUTERS

## BRIEF

### Florida is investigating apparent new case of locally transmitted Zika

Florida health officials are investigating a new non-travel-related case of the Zika virus in Palm Beach County, but it is not yet clear whether the person contracted the virus from local mosquitoes or from a recent trip to Miami.

Gov. Rick Scott said in a statement on Monday that the infected person recently traveled to Miami-Dade County, which is experiencing an outbreak of Zika caused by local mosquito transmission. So far, 16 people have been infected in the Miami area. The Palm Beach case brings the state's tally to 17.

An investigation was underway to determine how the person in Palm Beach County became infected.

The governor said the state still believed active transmission of the virus were confined to a 1-square-mile area in Miami-Dade County that includes Miami's Wynwood district.

The U.S. Centers for Disease Control and Prevention is warning pregnant women to avoid this area in Miami because Zika has been tied to birth defects. REUTERS

## Feet Hurt? Bunions? Hammertoes? Heel Pain?

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- The sides of my toenails dig into the skin and hurt.
- I have a large bump behind my big toe (or little toe) which is always red.
- I get an extremely painful "cramp" in the area of my third and fourth toes when wearing shoes.
- My toes aren't straight—they are all cocked-up, bent and hurt.
- I have painful calluses on the ball of my foot which keep building up.
- I have corns on my toes which get thick no matter what shoe size I wear.
- The bottom of my heel hurts all day, but it's worse when I step out of bed in the morning.
- I have cramps in my legs which always happen when I walk the same distance.
- My ankles are swollen most of the time.
- My feet are always dry and scaly—sometimes they itch.
- My feet just hurt all over when I stand or walk a lot.
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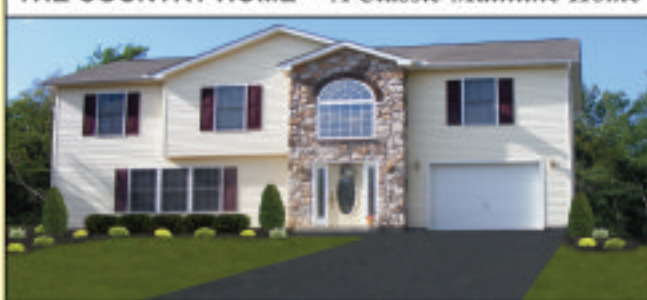
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## Seth Rogen settles the Bloom vs. Bieber debate

Could it be? Another Orlando Bloom versus Justin Bieber battle? Except this time, it's the battle of the sausages, and "Sausage Party" star/expert Seth Rogen, carefully compared the two.

That's right, last week Katy Perry's boyfriend's junk was in full bloom on their romantic getaway to Hawaii. But his arch-nemesis Biebs took a trip to Italy with his new lady friend, model Sahara Ray, where the two went skinny dipping.

So, whose meat is meatier? Seth Rogen knows. The actor appeared on Andy Cohen's "Watch What Happens Live" and gave his input.

Rogen answered without hesitation, "I've seen Justin's before, so maybe I was just like, you know, I've been there, done



ALL PHOTOS GETTY IMAGES

that,' a little bit. And it's a wonderful one! But Orlando's, I was really happy with. Good for him! He's in great shape overall. So I thought, honestly, Orlando's probably a bigger guy, and proportionally, his penis looked to scale, which makes me think overall

it's probably bigger." We wonder what Miranda Kerr thinks of all of this.

the word

## Snoop and Martha teaming up for TV

Snoop Dogg and Martha Stewart are teaming up for the buddy comedy of all buddy comedies — except it's more of an unscripted reality series/cooking competition where they serve dinner to their friends on VH1. The dream duo will star on a new TV series with the working title, "Martha & Snoop's Dinner Par-



ty," in which the two play host to a rotating cast of their celebrity friends.

In case this seems like an unlikely pairing, D-o-double-g and the lifestyle host have a history of small screen appearances together — including the time he was on her show to make "special Christmas brownies" and when they quizzed each other on

ABC's "\$100,000 Pyramid." Or as Snoop tells Variety: "My homiegirl, Martha and I have a special bond that goes back. We're gonna be cooking, drinking and having a good time with our exclusive friends. Can't wait for you to see how we roll together!"

The series is set to premiere this fall and will air weekly on VH1. We can't wait to see how Martha rolls, too, Snoop.

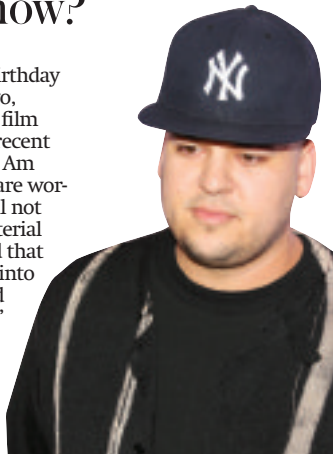
## Is Rob Kardashian over his own reality show?

Rob Kardashian has been skipping filming for his new reality show, "Rob & Blac," with fiancée and baby mamma Blac Chyna. For the last month, the reclusive Kardashian has been complaining that the show will ruin his relationship with Chyna, the way "Keeping Up with the Kardashians" ruined his family.

Signs of trouble in reality television paradise started to surface when Rob was absent at his

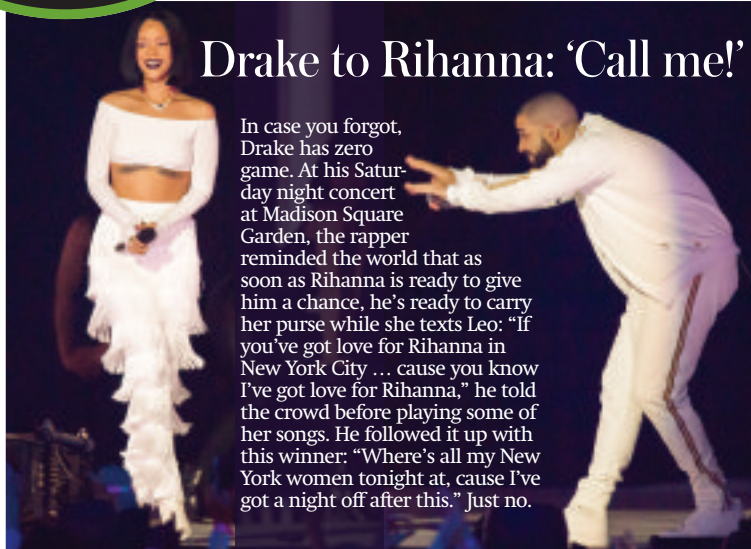
grandmother's birthday party in San Diego, leaving Chyna to film alone. After the recent cancellation of "I Am Cait," producers are worried that they will not have enough material for the show, and that Rob will go back into hiding like he did during "KUWTK."

Still, one less Kardashian on TV might not be such a bad thing.



## Drake to Rihanna: 'Call me!'

In case you forgot, Drake has zero game. At his Saturday night concert at Madison Square Garden, the rapper reminded the world that as soon as Rihanna is ready to give him a chance, he's ready to carry her purse while she texts Leo: "If you've got love for Rihanna in New York City ... cause you know I've got love for Rihanna," he told the crowd before playing some of her songs. He followed it up with this winner: "Where's all my New York women tonight at, cause I've got a night off after this." Just no.



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*Why Knee And Hip Arthritis Pain Sufferers Are Flocking To This Manhattan Medical Clinic To Relieve Pain And Avoid Joint Replacement Surgery*

# Knee Arthritis Pain Breakthrough?

## Real Doctor's Advice On The Most Advanced Medical Treatments For Knee Arthritis Pain

### "The Knee Arthritis Treatment Everyone Is Talking About..."

By Matt Edgar

America's Health Writer  
NYC - Modern medicine has come a long way.

The success stories and lives saved are endless.

And now, through advanced technology and science - skilled medical doctors are helping more knee and hip arthritis pain sufferers than ever before.

In just a moment, I'm going to reveal some of these incredible arthritis pain techniques...

So you can possibly relieve some or all of your pain...

*Just like thousands of others already have.*

I bet many of these former arthritis pain sufferers were just like you.

But first, I have to tell you about this - it's very important information so you can make the very best decision about relieving your arthritis pain.

It will also help you avoid costly and painful mistakes.

Ready for some great arthritis pain relief information? Ok, here we go...

#### The Two Arthritis Treatment Paths...

The first thing to understand, is that there are basically two treatment paths you can choose to go down when you are looking for relief to knee or hip arthritis pain.

**One path is non-surgical.** You do not want surgery (who doesn't) so you do everything you can to avoid it.

You take pain pills, do physical therapy and exercises and maybe you even changed your diet.

Nothing worked. The pain progressively got worse until you couldn't stand it anymore.

Because you did not get the proper treatment - your joints decayed past the point of no return. Now they are basically "bone on bone" and the doctor told you there is no other option. You need...

#### The Dreaded...

joint replacement surgery.

I will admit - some people do need joint replacement surgery.

This procedure has come a very long way in recent years.

For some, at a certain point, this is the way to go.

**But - and this is a very big but...** even though this procedure has improved dramatically... it is not without risk.

In fact, a \$500 million verdict in a lawsuit was just awarded to patients who received faulty hip implants during hip replacement surgery.

Some of the damage being reported from the faulty hip replacements sounds horrific.

There is no doubt, joint

The medical procedure I am speaking about is called...

viscosupplementation. During this procedure a FDA approved gel-like medicine is placed directly into the joint space.

This allows the joint to glide freely and move much better again.

So, there are some people that will not get results with this treatment.

#### Reason #2

To assure the best possible results, this treatment requires expensive advanced technology and a skilled medical doctor with experience doing this

sufferers are flocking to a medical clinic in NYC called "NY Pain Relief MD" that focusses on helping patients relieve their knee and hip arthritis pain and get back to doing all the things they want to do - like playing golf, walking without pain, tennis and many others.

**But one of the biggest successes** is when patients who were told they needed joint replacement surgery cancel the surgery because they feel so much better.

They get such great results because they use advanced digital imaging (PATT) to guide their treatments, their doctors are specially trained and have performed THOUSANDS of treatments and they use multiple brands of lubricating gels (many doctors only use one they have a "relationship" with).

**But that's not all** - for difficult cases, they also add advanced PRP and Stem cell treatments with often wonderful results.

Every patient is unique and they have a very unique treatment plan for every single patient so you can get the best possible results in the shortest amount of time.

#### Here's How To Find Out If We Can Help You

If you have knee or hip arthritis pain and would like to find out if the treatments at NY Pain MD can help you - you can come in for a risk-free no-obligation screening.. During this screening you will get a chance to ask questions and find out if you are a candidate for these advanced medical treatments - and what your best options are. The screening is completely free with no further obligation.

**After your screening, you will breath a big sigh of relief knowing what your options are and the best way to deal with your pain.**

If you are not sure - I know exactly how you feel. Arthritis pain is brutal. And it is hard to get straight answers.

So many patients felt the same way.

They told us they they had given up until they read some information just like this and they came in to see us.

#### Then their life changed so fast - it was incredible

Give us a call right now at 855-456-PAIN and schedule your free screening.

The worst thing that can happen is you find out this treatment is not for you.

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### Why Is This Treatment In Such High Demand?

## "Precision Arthritis Targeting" Technology

There are many big medical clinics in NYC. In fact, New York offers some of the best medical care in the world.

With so many great options - why are knee arthritis sufferers flocking to NY Pain Relief MD?

There are several reasons. The first is what we can "Precision Targeted Knee Pain Technology."

**Here's what that means and why it is so important to you.**

This treatment places a medical lubricating and cushioning gel directly into the arthritic knee joint. This helps the knee glide more

smoothly decreasing or eliminating pain.

**Precision Arthritis Targeted Technology Or PATT** means that we use extremely advanced digital imaging to make sure this lubricating gel is placed precisely where it is supposed to go. This means treatments have the best chance for success.

Doing this procedure without this advanced technology often leads to misplaced lubricating gel and failure.

Another secret to success is using multiple treatments to maximize pain relief and healing. NY Pain MD uses multiple brands of lubricating gels and also

offers stem cell therapy and platelet rich plasma (PRP). PRP is being used by top professional athletes in an attempt to heal injuries faster. The combination of these treatments can often get incredible results when other treatments have failed.

While many clinics only offer one of these treatments - NY Pain Relief MD offers them all under one roof for maximum results and convenience.

And just as important is the experience of NY Pain MD Relief doctors. NY Pain Relief MD doctors are experts at this procedure and have successfully done thousands.

procedure.

For this treatment to have the best chance to work, the lubricating gel must be placed precisely into the joint space. That's why **"Precision Arthritis Targeting Technology" or PATT is always used. PATT uses a special medical camera and fluoroscopic imaging to guide the procedure and make sure the gel-like medicine gets exactly where you need it.**

Many doctors doing this procedure do not use this advanced digital imaging and do these procedure either under ultrasound or "blind."

#### No Difference?

They say there is no difference - but research shows that doctors doing joint injections without being guided by the proper imaging **completely miss the joint space about one third of the time.**

**And because treatments are so precise - most patients report they are also painless.**

Now that you know the facts - would you choose a doctor who uses advanced digital imaging to guide the treatment - or one who injects you blind?

Can you see why this treatment has not worked for so many? And can you see why, with the Precision Arthritis Targeting Technology and a doctor who has already done thousands of these procedures - **it could work for you?**

That's why so many knee and hip arthritis

replacement surgery should be your last resort.

But too many people think they need joint replacement surgery when you do not.

In fact, many respond extremely well to a medical treatment approach that is finally becoming much more popular.

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#### Treatment Path #2

This treatment path is non-surgical but it probably NOT what you are thinking.

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It is a treatment that actually puts vital lubricating gel directly into your arthritic knee or hip joint.

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**In other words, your joints basically "dry up."**

This causes joint surfaces to rub together causing all kinds of problems including brutal PAIN.

As time goes on - the joint wears out more and more and the pain can be excruciating.

**This decreases the abnormal rubbing and wear and tear and in many cases, decreases or even eliminates pain.**

#### Sounds Great

#### Right?

It does. But... viscosupplementation has not worked for many people.

**There are two very important reasons why:**

If you have knee or hip arthritis pain and want to relieve your pain without surgery - or if you have already tried viscosupplementation without good results - what you are about to discover will be extremely important...

The first reason some people did not get good results with viscosupplementation is... bluntly... this is a real medical procedure done by real medical doctors.

**This is NOT a "wonder cure" sold by slick marketers.**

**In the real world of medicine and science, no treatments work 100% of the time or on everyone. And no good and ethical doctor would make such a claim or guarantee any results what-so-ever.**

# Humidity-proof your hair

You can do better than a ponytail, says our expert.



**TINA CHADHA**  
@TinaatMetro  
tina.chadha@metro.us

We're about to reach peak humidity this week, but that doesn't mean a basic updo is your everyday solution.

"If I see one more topknot on the train," exclaims Jenny Balding, Jenny Balding Cutler Salon/Redken styling and grooming expert. "We can use our imagination more than that."

Here, she tells us how to look cool despite the steamy temps.

## Dry shampoo is your new BFF

Shorter hair is so on-trend right now and "not everyone can pull their hair back since they've chopped it into the latest texturized bob," Balding points out. Her solution for those whose only option is to leave their hair down: Use a dry shampoo — even on clean hair.



Jenny Balding  
PROVIDED



For curly hair, the best way to fight frizz is to moisturize, says Jenny Balding. **ISTOCK**

"Don't save your dry shampoo for when your hair is oily," she says. "Use it as a styling tool and it will prevent your hair from getting slick or sweaty quicker." Balding says once you've washed your hair, style it or let it air dry then spray dry shampoo all through the roots and midline. "It's going to give you some body."

## Don't fight your curls

For curly hair, it's all

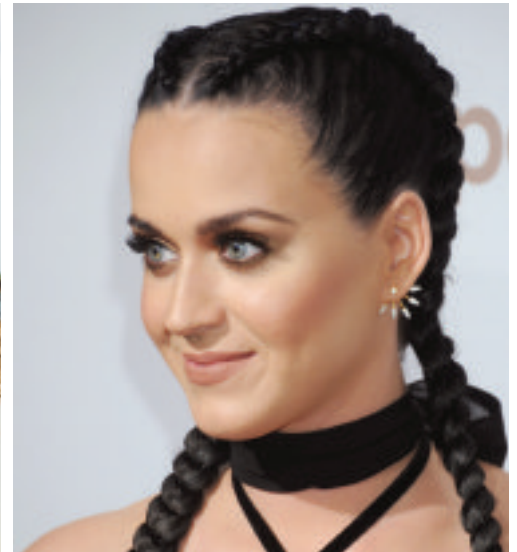
about moisturizing your locks. "Don't fight your curls," says Balding. "Look at what you can do to make your texture work for the humidity instead of trying to get, say, the perfect beachy wave. If your hair is going to be really curly, it's going to be really curly." Balding recommends applying a deep moisturizing treatment twice a week, from



Redken Frizz Dismiss Rebel Tame, \$22, Ulta.com **PROVIDED**

midlength to the ends of your hair. "That's going to put you on a good track, because once your hair is more moisturized, it's less likely to get frizzy and go absolutely mental when you step outside," she says.

Balding also recommends using a light styling cream. She likes Redken's Frizz Dismiss Rebel Tame. "It really cuts the frizz."



Boxer braids like Katy Perry's — a Fashion Week fave — are tress tamers. **GETTY IMAGES**

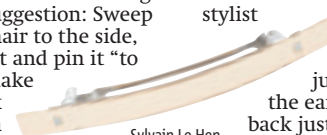
## Step-up your updo

Face it, when the heat wave comes on, everyone just wants their hair off their neck. "Boxer braids are so on-trend at the moment, but if you can't do that, just use your imagination to style it a bit differently," advises Balding. Her suggestion: Sweep your hair to the side, twist it and pin it "to still make it look stylish but not your usual topknot

— which everyone and their granny is doing right now."

Another look Balding is loving right now: statement hair accessories. "Even doing a half-up, half-down and using a nice clasp in the back just to bring that together," she says. To achieve the look, the stylist

says take half the hair from just above the ear bring it back just above the nape, and then use a barrette to hold it together.



Sylvain Le Hen barrette, \$50, quietstorms.com **PROVIDED**

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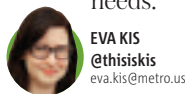
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Why Eataly Downtown is the food hall Lower Manhattan needs.



EVA KIS  
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NYC's second branch of Eataly, the Italian food hall that counts Mario Batali among its partners, is opening Aug. 11 on the third floor of World Trade Center 4. CEO Nicola Farinetti knew his team would have to come up with something special to set Eataly Downtown apart from its beloved predecessor, and they've managed to create a market that feels completely different — and one that's built entirely with its neighborhood in mind.

### Bread is the start

Each Eataly has a theme, and Downtown's will be bread, which appears



Take your haul to a table in the Piazza. ALL PHOTOS EVA KIS



Try pizza alla panza for breakfast

on every culture's table, interpreted in its own ways. About 15 kinds of bread alone will be coming out of the expansive in-house bakery's wood-burning ovens, and each month a guest baker will contribute his or her own creation.

The bread program is also meant to be a bit of healing for the neighborhood that's still rebuilding after Sept. 11. "We are rebuilding communication, sharing, discussion with the international exchange of bread," says Farinetti.

### Breakfast 2.0

The message about breakfast's importance hasn't made it to Italy

— it's still just a pastry and espresso there — so what's Eataly Downtown going to serve when it opens daily at 7 a.m.? Things like open-faced, cloudlike focaccia, eggs that have been fluffed to what Batali describes as a "creamier, almost dessert-y" consistency, yogurt with house-made granola, breakfast pizza and more. The Italians are missing out.

### Fast food, but better

Eataly Downtown was built for the lunch rush. Roll up to the Gastronomia counter for ready-to-eat dishes made from recipes by Lidia Bastianich and Batali, which can be served hot or cold. Pizza spot Rossopomodoro has

two ovens going at over 800 degrees, turning out Neapolitan-style pies in about 90 seconds. Grab a fresh juice or smoothie right near the entrance, or if you're having that kind of day, head to the Lavazza coffee bar in the back for an espresso with a kiss of Sambuca.

### Happy hour takeover

Eataly has your pick



Osteria della Pace



Rossopomodoro

of ways to unwind at the end of the day: The round bar at the entrance changes from coffee to wines and Peroni later in the day. For cocktails, head all the way back to Osteria della Pace, the upscale southern Italian restaurant — you'll need a reservation to snag one of its stylish tables, but not a drink at its '40s-style bar. Or treat yourself at the gelato counter, which also has

an Eataly-first, soft serve ice cream. Make sure they dunk your scoop under the Venchi chocolate fountain.

### Met Italy's street food



Piadina

Batali claims the Eataly has got "the next sandwich craze" inside the blue and white-striped shack called La Piadina Romagna: piadina, a traditional flatbread from the street vendors of eastern Romagna. "This is kind of like a panino but it looks like a thick crepe," explains Batali. "It's basically lard, flour and water, and it leavens almost naturally but not very much, so it's got this amazing, tender pull to it." Folded with savory and sweet fillings, piadina will be baked to order.

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# wellbeing

MAKE HEALTHY YOUR NEW HAPPY

## The happiness reading list

Five books to keep you optimistic in these crazy times.

NICOLE HUNTER  
@MetroNewYork  
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From David Bowie and Prince, to Orlando and Nice, 2016 has been

many things, most of them heartbreaking. And don't get us started on the new lows reached during this presidential campaign. We're living in a time of great disruption and change, which is either terrifying or motivating, depending on how you

look at it. Here, a list of books old and new that will help you be the change you want to see.

### "The Age Of Discovery"

by Ian Goldin and Chris Kutarna



Released in May, this nonfiction book puts the sweeping economic, political and digital changes we're witnessing into historical context. Goldin and Kutarna, two Oxford academics, argue that despite the abundance of troubling headlines, we're experiencing a new renaissance and we're living in the greatest time in history to be alive as a result. On the days when you've received one depressing news alert too many, break this book out to gain a sense of perspective and renewed motivation to play the long game.

### "Creative Visualization"

by Shakti Gawain



In this self-help classic published in 1978, Gawain lays out a tutorial in creative visualization, the practice of visualizing what you want in life in order to create positive change. Modern-day success stories like Net-a-Porter founder Natalie Massenet swear by it.

### "The Happiness Project"

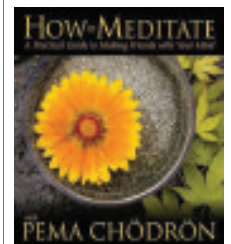
by Gretchen Rubin

What better way to turn 2016 around than by following Rubin's lead and devoting the year to the pursuit of happiness? The book mixes real-life trial and error, thought-provoking commentary and academic research to deliver a completely doable guide to contentment. Her podcast, "Happier," advances the work established in her book, with episodes devoted to things like, "accept myself, expect more of myself" and "don't let the perfect be the enemy of the good."



### "How To Meditate, A Practical Guide to Making Friends with Your Mind"

by Pema Chodron



This is less of a self-help manual and more of a practical guide to the very useful skill of meditation. It's an especially valuable ability to have on those days when you check Facebook and log off feeling angrier than before you signed on.

### "The Book Of You"

by Nora Rosendahl, Nelli Lahteenmaki and Aleks Hoffman

If far-reaching theories are not your thing, try the small, actionable tips outlined in this book — things like writing

down something you love about yourself, being nice to a stranger or smiling when you don't necessarily feel like it ("research shows that the mere act of smiling will actually make you feel happier"). It sounds cringeworthy on paper, but is a good reminder of the power in being kind to yourself and other people.



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# IT'S NOW IMPOSSIBLE TO TRUST CESPEDES

We all know the importance of Yoenis Cespedes in the middle part of the Mets' lineup. Stealing a line from Reggie Jackson, he is the straw that stirs the drink.

That being said, the Mets have had a dreadful offense this season. They have struggled with runners in scoring position and are 28th in all of major league baseball in runs scored. After he was acquired last season on July 31, he hit .287 in 57 games with 17 HR and 44 RBI. He lit a fire with the Mets that was ultimately extinguished by the Royals in the World Series.

This season, he has been very good. In 94 games, he has hit .292 with 22 HR and 59 RBI. He was brought back on a three-year, \$75 million dollar contract with an opt-out after the first season. It is a very weak free-agency class this offseason, and Cespedes would certainly be the best outfield offensive option. That is when he will likely cash in on a long-term contract.

Put all that aside and let's just deal with the here and now. You are starting to get signals of why MLB teams are hesitant to sign Cespedes to a long-term guaranteed contract. If you did not understand why teams were unwilling to give him a six-year contract, well now you are starting to figure it out some of the reason why. It all comes down to a word: trust.

After injuring his quad, he made it clear that he did not want to play center field. He wanted to protect his quad and playing center put too much strain on his legs. Fair enough, but let's also remember what made Cespedes

## MARC MALUSIS

### OPINION

Marc Malusis is a columnist for Metro New York and a host on WFAN and CBS Sports Radio.  
@marcmalusis



attractive to the Mets in the first place and that was his willingness to play center field. So, in essence, he is going back on what he initially agreed to do when joining the team last year and coming back to the team as a free agent.

Mercifully, Cespedes is now on the DL. He was placed on the disabled list because of a quad injury suffered in early July. But instead of the Mets putting him on the DL at the time, they tried to massage the situation. They wanted to see if they could rest him here or there and have that quad heal while he was still playing. That is a very tricky line to walk if you are Terry Collins and the Mets, and last Wednesday night they walked off of the cliff. After pinch hitting Ces-

pedes Tuesday night at Citi Field with a 5-0 lead, the Mets finally saw the finish line and were able to DL him in Game 3 of the subway series at Yankee Stadium. Unfortunately for the Mets and Cespedes, he reinjured his quad in his final at-bat on his second to last swing on the evening.

The story came out earlier in the day that Cespedes was out enjoying a round of golf before the Yankees-Mets game in the Bronx last Wednesday. Former MLB player and current analyst Kevin Millar tweeted out a picture of himself and Cespedes at a golf course.

You can't do it. In no uncertain terms, you can't play golf when you are hurt. This is not a causal relationship between playing golf and the re-injuring of his quad. When Collins came out and defended his player, it was certainly understandable. What he said in the defense of Cespedes was not. You can't compare playing golf to going fishing, that did not make sense in any way, shape or form.

Mets GM Sandy Alderson did admit it was a "bad optic," and he is correct. I do not care if playing golf relaxes Cespedes. I don't care if the Mets agreed to it when they brought him back. I don't care if playing golf causes no damage to the quad muscle. He is being paid to play baseball, and the Mets' goal this season is to try and win a World Series.

If you are hurt, you can't partake in any athletic endeavor in your spare time. Sometimes life is difficult to understand, this should not be one of those examples.



It's clear to see now why Yoenis Cespedes can't get a long-term deal. GETTY IMAGES

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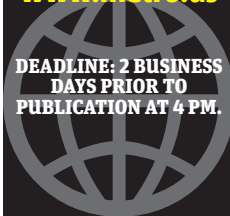
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## 24 SPORTS



Ereck Flowers needs to step up in his second season. GETTY IMAGES

# Giants' O-line is in need of consistency

Big things are  
expected this  
season from Ereck  
Flowers and Co.



KRISTIAN DYER  
@KristianRDyer  
sports@metro.us

Far from being a bust, the New York Giants expect Ereck Flowers to help anchor an offensive line that continues to be plagued by several question marks.

Last season, his rookie year, Flowers would have been considered a question mark for much of his rookie campaign. In fact, the early returns have been far from positive.

The plan all along was to slot Flowers in at right tackle in 2015 to learn for a year or maybe two and then move him to left tackle. But injuries forced the hands of the old coaching staff, shifting Flowers over to the most-scrutinized spot on the offensive line.

The Giants are con-

vinced that an emphasis on technique this offseason will help rectify a situation that was pretty bad last year. Flowers didn't look like he was ready to play and didn't look like a first round pick.

"The thing with Ereck is he's got a lot of ability, a lot of potential. The key thing we have to do with Ereck is develop the consistency. It's exciting to work with someone like Ereck," offensive line coach Mike Solari told reporters on Friday.

"Again, [head coach Ben McAdoo] has the practice set up beautifully for different situations and now it's just a matter of continuing to coach him and keep having him ascend. The hardest thing in training camp is to be able to develop those habits and make them so that you can put them to work in a game environment. We're working at it every day. Every day, we've got to be able to transfer that to the preseason to the

regular season and he's working."

This offseason, the Giants lost out on offensive tackle Russell Okung because the veteran free agent wanted to play left tackle and management was unwilling to move Flowers. Such is their confidence level in the second-year player that they are committed to him at the blindside.

The hope is that things slow down this year for Okung and that improved technique will help him turn into a solid left tackle. If he holds to the technique he's being taught instead of relying on his physical ability as he was want to do in college at Miami, then Flowers can thrive.

"Yeah, I would say that happened sometimes. I did that more so last year, so this year I am really trying to work on my technique and going in with my coach and watching film," Flowers said on Friday. "I am trying to focus on that this year."

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the undersigned to sell Wine & Beer  
at retail in a Bowling Alley under the  
Alcoholic Beverage Control Law  
at 6161 Strickland Ave., Brooklyn,  
NY 11234. Kings County, for on  
premises consumption. Funfest,  
LLC d/b/a Pending

**NOTICE IS HEREBY GIVEN**  
that a license, Number 1295610, for  
Restaurant Wine has been applied  
for by the undersigned to sell Beer &  
Wine at retail in a Restaurant under  
the Alcoholic Beverage Control Law  
at 209-35 Northern Blvd., Store #108,  
Bayside, NY 11361, for on-premises  
consumption. Dae Kyung LLC.

**NOTICE IS HEREBY GIVEN**  
that a license, Number 1295442,  
for Beer, Wine & Liquor has been  
applied for by the undersigned to sell  
Beer & Wine at retail in a Restaurant  
under the Alcoholic Beverage Control  
Law at 399 Grand Street, New  
York, NY 10002, for on-premises  
consumption. Saluggi's East Inc.

**NOTICE IS HEREBY GIVEN**  
that a license, Serial # 1296418,  
for Wine & Beer has been applied  
for by the undersigned to sell Wine  
& Beer at retail under the Alcoholic  
Beverage Control Law at 195  
10th Ave., New York, NY 10011.  
New York County, for on premise  
consumption. Sonny Lou Inc.

**NOTICE IS HEREBY GIVEN**  
that a license, Number 1295429,  
has been applied for by the  
undersigned to sell Liquor, Wine &  
Beer at retail in a Hotel under the  
Alcoholic Beverage Control Law  
at 37-06 36th Street, Long Island  
City, NY 11101, for on-premises  
consumption. Paper Factory Café  
LLC d/b/a Paper Factory Café.

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### Across

- 1 Gainsay  
5 Shakespeare's theatre  
10 North Sea menace  
14 What Ali stung like (2 wds.)  
15 "The Thinker" sculptor  
16 Slugger Moises —  
17 NYC art gallery  
18 Consumers  
19 Baba au —  
20 Slept "soundly"  
22 Tiny recesses  
24 Nitpick  
25 Carla, on "Cheers"  
26 Doubt  
30 Goes with  
35 One, to Conchita  
36 D.C. lobbying org.  
37 Serious theater  
38 Land  
41 Tarot reader, perhaps  
43 Blunts  
44 Toshiba rival  
45 Sitcom planet  
46 Mug with a lid  
47 Sincerity  
50 Draw with a laser  
53 Ill-wisher  
54 Stuck (3 wds.)  
58 Least  
62 Domino  
63 Get moldy

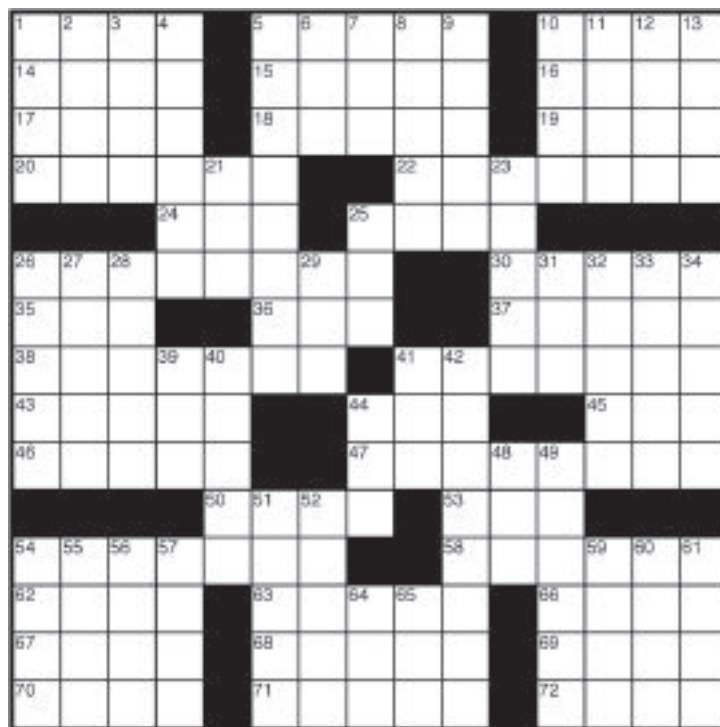
- 66 Middle Easterner  
67 Exile isle  
68 Board the train  
69 Truckers' semis  
70 Zoo barker  
71 Pumped  
72 Hang onto

### Down

- 1 They create ponds  
2 Browning's black  
3 Verne captain  
4 Aches  
5 Envious  
6 — Lobos, of "La Bamba"  
7 Work by Keats  
8 Thin-barked tree  
9 Come next  
10 Fence defense

- 11 Pre-college  
12 Rake  
13 Teeth holders  
21 Absorb, as costs  
23 No-goodnik  
25 Single-strand molecule  
26 Thigh muscles, in the gym  
27 Full-length  
28 Mad Dog — (Bogart role)  
29 Iron source  
31 Electric bridge  
32 Nevada lake  
33 Kuwaiti leaders  
34 Loose dresses  
39 Yale alumnus  
40 "Roots" Emmy winner  
41 — annum  
42 Mixed it up  
44 Highest degree  
48 Fair-hiring abbr.  
49 La Guardia alternative  
51 Physicist Nikola —  
52 Fleshy mushrooms  
54 Rockies' tribe  
55 Nuclear reactor  
56 Calgary's prov.  
57 Duck or hue  
59 Pennsylvania port  
60 Kind of advice  
61 Cook's meas.  
64 Hard wood  
65 — been had!

## metro.us/crossword



## metro.us/sudoku

easy

		5		8		7		
4			1		9			
7	8			2	5	6		
5	2							8
			6	5	8			
3							7	6
		7	5	6			8	9
			9		7			3
		2		4		1		

hard

6			3				5	
					8	9	1	
		5		1		4		
9	4			5			6	
	7		8		6		4	
	8			2			3	1
		2		8		6		
	5	7	6					
6				3				5

## metro.us/horoscopes



**Aries** You may feel impulsive, but that isn't likely to pan out well for you. Take a moment to go over and organize your plans first. Do what's right.



**Taurus** Put your networking skills to use. Getting involved with groups and taking part in events that will help you keep abreast of industry news will lead to a prosperous new beginning.



**Gemini** Organize your time and don't make promises that will be impossible to keep. Overdoing it in any manner will cause problems at home and work.



**Cancer** Stretch your imagination, think outside the box and utilize your time optimally in order to get the most bang for the least effort. Your savvy, organized and precise actions will pay off.



**Leo** Offer incentives to anyone who has something you want in order to get your way. Sincerity coupled with action is all it will take. A unique approach will capture plenty of interest.



**Virgo** Put emotional matters to rest by being up front about the way you feel and how you want to move forward personally and professionally. Romance is in the stars.



**Libra** Try something new and exciting, as it will give you the energy and motivation you need to bring about personal change. If what you are doing isn't working for you, do something about it.



**Scorpio** Do what makes you happy. Adjust your schedule or routine in order to have time to enjoy life, experiment and gain experience. Romance is highlighted and will improve your life.



**Sagittarius** Stick to your promises or you will ruin your reputation. Arguments will lead only to isolation, not to resolution. Find alternative ways to get along and get things done.



**Capricorn** You can work around anyone who gets in your way. Your ability to manipulate situations will play in your favor. Don't worry about anyone who walks away.



**Aquarius** You can settle differences by direct negotiation. Don't let an emotional situation cost you personally or financially. Make whatever change is necessary to protect a relationship.



**Pisces** Take care of business before someone muscles in. You will be outmaneuvered if you aren't up to date with the latest technology or methods. EUGENIA LAST

### Yesterday's answers



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